# Agency Name: \_\_

# State of Connecticut Human Resources

**Medical Certificate** Return to: \_\_\_\_\_ Attn: Human Resources Address: FAX:

Must be submitted within 30 days of foreseeable leave, if leave is FMLA qualifying.  Form #: P33B – Caregiver To be used by employees seeking family leave to care for a spouse, child, or										
Revision Date: <u>2/2011</u>		parent with a "seriou			a spouse, emia, o	-				
AGENCY INSTRUCTIONS	This medical certificate is to be used by employees seeking family leave to care for a spouse, child (under age 18 or 18 or older and incapable of self-care because of mental or physical disability), or parent with a "serious health condition" / "serious illness". It shall be given to the employee or sent directly to the physician or practitioner of the child, spouse or parent who needs care. The name of the person and the address of the agency to which this certificate is to be returned shall be inserted in the space provided. The PHYSICIAN OR PRACTITIONER will generally return the filled out certificate to the agency head or authorized representative. Fill in below the employee's name, position, and address, and the name of the patient and his/her relationship to employee.									
	Agency Hea	ad or Representative		Agency Name						
	Agency Add	Iress (No. and Street)	(City or	Town)	(State)	(ZIP Code)				
	Employee's Name and Employee's Number									
AGENCY FILL IN	Employee's Position			Department						
	Address (No	o. and Street)	(City o	Town)	(State)	(ZIP Code)				
	Patient's Na	nme		Relationship to Er	nployee					
CONDITIONS GOVERNING ISSUANCE  This form must be executed by a physician or	No federal FMLA, state family/medical leave (C.G.S. 5-248a), special leave with pay in excess of five (5) days, or leave as otherwise prescribed by contract, shall be granted state employees unless supported by a medical certificate filed with, and acceptable to, the appointing authority. The period of employee absence must be reported with a description of the nature of the patient's incapacity entered under (2) and/or (7).  The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. `Genetic information' as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services.									
practitioner whose method of healing is recognized by the State, except where otherwise indicated.	(1) Pages 3-4 of this form describes what is meant by a "serious health condition" / "serious illness" under federal FMLA and state family/medical leave (C.G.S. 5-248a). Does the patient's condition qualify under any of the categories described? (Please be sure to refer to pp. 3 and 4 for specific definitions.) If yes, please check the appropriate category:  (fill in "yes" or "no")  Inpatient care with overnight stay Permanent/long-term conditions requiring supervision Incapacity and treatment Multiple treatments (non-chronic conditions)  Pregnancy (includes prenatal) None of the above Chronic conditions requiring treatments									
Note: The health care provider must practice in the specialty for which the patient is being treated.		If this is for an FMLA qualify including a brief statement a pages 3-4. If this is not for certification of the patient's Section (7).	as to how the m an FMLA qualify	edical facts meet ving reason, desc	the criteria of or ribe the medical	ne of the categories on facts that support your				

	(3)	(a)	Answer the following:  1. The approximate date the condition	n commenced					
			The approximate date the condition     The probable duration of the condition						
			3. The probable duration of the patier						
			4. The date of the patient's most rece	nt examination for th	e condition.				
		patie	b) If condition is a " <b>chronic condition</b> " (as checked off under Section (1)), state whether the atient is presently incapacitated and the likely duration and frequency of episodes of incapacity: Patient is is not presently incapacitated. (check one) soing forward, estimate the:						
			<b>Duration</b> of episodes of incapacity =		(hours or days	s, etc.)			
			Frequency of episodes of incapacity =	(no	o. of times per	week or month, etc.)			
	(4)	(a)	additional treatments will be required	d for the condition, p	rovide:				
			An estimate of the probable <b>number</b> of such treatments.						
			An estimate of the probable <b>interv</b>	al between such tre	atments				
			An actual or estimated <b>dates</b> of treatment, if known.						
			Period required for <b>recovery</b> , if any.						
TO BE FILLED IN BY ATTENDING PHYSICIAN OR PRACTITIONER (Please print legibly.)		(b)	If any of these treatments will be provided by <b>another provider of health services</b> (e.g., physical therapist), please state the nature of the treatment and period of time covered.						
			i a regiment of continuing treatment by rovide a general description of such re equiring special equipment).		otion drugs, phy	sical therapy			
	(5)		Does the patient <b>require assistance</b> for basic medical or personal needs or safety, or for transportation?  (fill in "yes" or "no")						
			no, would the employee's presence to atient or assist in the patient's recovery		i <b>cal comfort</b> be	e beneficial to the			
		(c) If the patient will need care only <b>intermittently</b> or on a <b>part-time bas</b> probable duration and frequency of this need.				ease indicate the			
	(6)	The	aregiver/employee will be able to return	n to work on		(date).			
	(7)	Addi	onal remarks:						
		-							
Name of Physician	or Practition	oner AN	D Physician or Practitioner License Number	(please type or print)					
Address (No. and Street)			(City or Town)		(State)	(ZIP Code)			
Signed (Physician of	or Practition	ner)	Date		Telephone				

(3)

### **FEDERAL FMLA:**

Under the federal FMLA, "Serious Health Condition" is defined as an illness, injury, impairment, or physical or mental condition that involves:

- Any period of incapacity or treatment related to inpatient care (i.e., an overnight stay in a hospital, hospice, residential facility, OR
- Continuing treatment by a health care provider.

#### "Continuing treatment" by a health care provider includes any one or more of the following:

- 1) <u>Incapacity and Treatment:</u>: A period of incapacity of more than three consecutive full calendar days and any subsequent treatment or period of incapacity relating to the same condition, that also involves:
  - Treatment two or more times within 30 days of the first day of incapacity, unless extenuating circumstances exist, , OR
  - Treatment by a health care provider on at least one occasion which results in a regimen of continuing treatment under the supervision of the health care provider.

Treatment means an in-person visit to a health care provider. The first (or only) in-person treatment visit

must take place within **seven** (7) days of the first day of incapacity.

- 2) <u>Pregnancy</u>: Any period of incapacity due to pregnancy, or for prenatal care.
- 3) <u>Chronic Conditions Requiring Treatments</u>: Any period of incapacity or treatment for such incapacity due to a chronic condition which:
  - Requires periodic visits for treatment by a health care provider or by a nurse physician's assistant under direct supervision of health care provider;
  - Continues over an extended period of time (including recurring episodes of a single underlying condition); AND
  - May cause episodic rather than a continuing period of incapacity. <u>Examples</u>: asthma, diabetes, epilepsy.
- 4) Permanent/Long-term Conditions: A period of incapacity, which is permanent or long-term due to a condition for which treatment may not be effective. The employee or family member must be under the continuing supervision of, but need not be receiving active treatment by, a health care provider. <a href="Examples"><u>Examples</u>: Alzheimer's, a severe stroke, or the terminal stages of a disease.</a>
- 5) Multiple Treatments (Non-Chronic Conditions): Any period of absence to receive multiple treatments (including any period of recovery therefrom) by a health care provider or by a provider of health care services under orders of, or on referral by, a health care provider, either for restorative surgery after an accident or other injury, or for a condition that would likely result in a period of incapacity of more than three consecutive calendar days in the absence of medical intervention or treatment. Examples: cancer (chemotherapy, radiation, etc.) severe arthritis (physical therapy), and kidney disease (dialysis).

**Note:** Substance abuse may be a serious health condition if the conditions mentioned above are met. However, FMLA leave may only be taken for *treatment* for substance abuse by a health care provider or by a provider of health care services on referral by a health care provider. On the other hand, absence *because of* the employee's use of the substance, rather than for treatment, does **not** qualify for FMLA leave.

#### Please Note: For the purposes of federal FMLA the following terms are defined to mean:

- "Incapacity" inability to work, attend school or perform other regular daily activities due to the serious health condition, treatment therefore, or recovery therefrom.
- "Treatment" includes examinations to determine if a serious health condition exists and evaluations of the condition. It does not include
  routine physical examinations, eye examinations, or dental examinations.
- A "regimen of continuing treatment" includes, for example, a course of prescription medication (e.g. an antibiotic) or therapy requiring special equipment to resolve or alleviate the health condition. It does not include the taking of over-the-counter medications such as aspirin, antihistamines, or salves, or bed-rest, drinking fluids, exercise, and other similar activities that can be initiated without a visit to a health care provider.
- "Intermittent Leave" is leave taken in separate blocks of time due to a single qualifying reason.
- "Reduced Leave Schedule" is leave schedule that reduces an employee's usual number of working hours per work-week or hours per workday. It is a change in the employee's schedule for a period of time, normally from full-time to part-time.

# **STATE FAMILY / MEDICAL LEAVE (C.G.S. 5-248a):**

Under the state's family/medical leave law, "Serious Illness" is defined as an illness, injury, impairment or physical or mental condition that involves:

- Inpatient care in a hospital, hospice, or residential care facility;
   OR
- Continuing treatment or continuing supervision by a health care provider [C.G.S. 5-248a(c) and CT State Regulation 5-248b-1(d)].